

Southeast Japanese School & Community Center

14615 Gridley Road, Norwalk, California 90650

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TO: Judo, Karate, Kendo and Basketball

Effective September 9, 2021 **(Revised 10/29/21)**

This is an update on the Center's protocols for contact sports based on our interpretation of the Los Angeles County Health Departments guidelines for youth sports.

Your activity is considered high risk. The following protocols are in addition to our existing protocols.

COVID-19 testing protocols

Must ask all participants and coaches if they are vaccinated or not.

Participant must show proof they are fully vaccinated. Do not keep a copy of the proof of full vaccination shown nor copies of weekly test results.

1. Fully vaccinated people do not need to be tested weekly
2. Non-vaccinated people must be tested weekly (PCR or Antigen) within 3 days prior to attending class. Weekly school testing or SEYO testing prior to games meets this requirement.
 - a. If test is negative tell COVID-19 manager or club manager/coach. Showing proof is not required but recommended.
 - b. If test positive don't come and self- quarantine for 10 days. Take another COVID-19 test (PCR or antigen) after quarantine period and if negative the participant is welcome to return to the center.

If a person tests positive after attending a class, Covid manager(s) must be notified, and all people who were in contact must take a COVID-19 test (PCR or Antigen) 5 days after contact. People exposed cannot come to the center during the 5 day period. If the test result is negative participants are welcome to return to the center. If the test result is positive test, must self-quarantine for 10 days and retake COVID-19 test (PCR or antigen). If the test result is negative participant is welcome to return to the center.

Club management must maintain records of all participants, coaches and assistants' vaccination status and weekly COVID-19 testing compliance.

Physical training - no contact

Activities, that are for physical conditioning with no contact is low risk and there is no requirement to screen participants as vaccinated and non-vaccinated nor require weekly testing for non-vaccinated people.

COVID-19 Committee

Revised 10/29/21