

Southeast Japanese School & Community Center

**14615 Gridley Road, Norwalk, California 90650
(562) 863-5996**

TO: Judo, Karate, Kendo and Basketball

Effective September 9, 2021

This is an update on the Center's protocols for contact sports based on our interpretation of the Los Angeles County Health Departments guidelines for youth sports.

Your activity is considered high risk. The following protocols are in addition to our existing protocols.

Must ask all participants and coaches if they are vaccinated or not.

Only ask for a yes or no. No physical verification or proof required.

1. Vaccinated people do not need to be tested.
2. Non-vaccinated people must be tested weekly (PCR or Antigen) no more than 48 hours prior to attending class (If multiple practice days in a week, once a week testing is allowed)
 - a. If test is negative tell COVID-19 manager or club manager/coach. No proof is needed.
 - b. If test positive don't come and self- quarantine for 10 days. Take another COVID-19 test (PCR or antigen) after quarantine period and if negative wait 3 days before returning to practice.

If a person tests positive after attending a class, Covid manager(s) must be notified, and all people who were in contact must take a COVID-19 test (PCR or Antigen) 5 days after contact and must wait 3 days after the negative test to return. If positive, must self-quarantine for 10 days and retake COVID-19 test (PCR or antigen). If test is negative, must wait 3 days before returning.

Club management must maintain records of all participants, coaches and assistants' vaccination status and weekly COVID-19 testing compliance. No record of proof is necessary.

Physical training – no contact

Activities, that are for physical conditioning with no contact is low risk and there is no requirement to screen participants as vaccinated and non-vaccinated nor require weekly testing for non-vaccinated people.

COVID-19 Committee

Revised 9/10/21